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Before using this product please read instructions and tips or view the video on our website on how to operate this product.

Make sure that the inner tubes are safely held or locked in place before rotating Cross Brace into a vertical position , Inner tube/s may slide out of the device causing injury or damage.

To adjust Cross Brace loosen both end knobs on anchor pin so anchor pins can be slightly rotated. Hold centre tube with one hand then grab and twist end tube to loosen it so it can slide in and out ,Do the same to the opposite end (taking care that tube ends do not slide completely out if rotated in a vertical position).

Fit Cross Brace by sliding apart and fitting end pins into desired locating holes along inner Rail, (IMPORTANT) Tighten both anchor knobs on anchor pins BEFORE twisting centre shaft by holding pins in position and locking knobs tight, once both anchor pins are locked tight it's now safe to lock in position by rotating centre shaft in either direction, To loosen and remove simply reverse this procedure.

To fit carbon rod protector sleeve simply hold centre shaft and then twist end shaft to loosen, slide shafts apart, fit protection sleeve and then refit the end shaft to the centre shaft aligning anchor pins at the same time. To align anchor pins pull shafts slightly apart and slightly wiggle from side to side until anchor pins are aligned.

To remove protection slide simply reverse this procedure.